

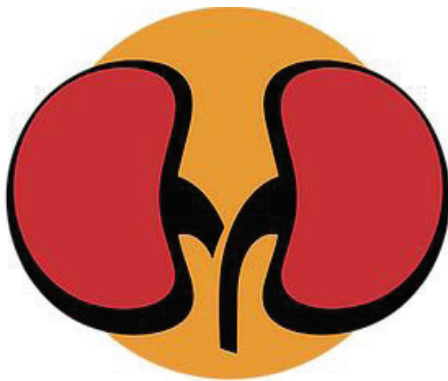
# Black K.A.R.E. Initiative

Kidney | Awareness | Resources | Education

A VIRTUAL program to enhance the health of our communities.

Learn more about improving your kidney health online at

<https://bit.ly/3npPYdp>.



**black K.A.R.E.**  
KIDNEY AWARENESS RESOURCES & EDUCATION

The Circle City Black K.A.R.E. Initiative is sponsored by the Circle City (IN) Chapter of the Links, Incorporated. The initiative will focus on kidney education and information, facilitating screenings for early detection and prevention, and advocating nutritionally healthy and physically active lifestyles.

To learn more about the importance of kidney health, please visit <https://www.pdempowers.com/black-kare>.

Community members can register to receive meal kits at participating area churches online at <https://bit.ly/31ZwMuL>.

**ESKENAZI**  
HEALTH